

# Joyful Life Bible Studies

## Ephesians 1:6-24

### Review

#### Introduction:

Let the following review of your study in Ephesians bring to your remembrance and root firmly in your life the many truths you have gained from time spent in this grand epistle.

Pray as you begin each day's lesson, submitting your heart to our Lord, trusting Him for His strength as you apply His Word in your life.

**FIRST DAY:** Read Ephesians 1.

1. Compare Paul's reason for writing this letter to the church of Asia to our need to study and apply it to our lives today. (See lesson 1 Introduction)
  
2. Using the following words, explain God's divine plan of salvation: (Ephesians 1:4-6)  
Chosen, Holy, Blameless, Predestined, Will, Grace, Accepted
  
3. Read Ephesians 1:7 and answer the following questions:
  - a. What price was paid for our redemption?
  
  - b. What does the believer experience when he is saved?
  
  - c. Why is assurance of salvation such a precious possession to the believer?
  
  - d. Briefly describe your experience of salvation.

4. From the seven spiritual blessings which Paul described in Ephesians 1:4-14, select one, and tell what that blessing means to you.

5. Read Ephesians 1:17-19 and record Paul's prayer request for the Ephesians.

verse 17

verse 18a

verse 18b

verse 19

a. List some things you have learned about the character of God through these verses.

b. Contrast heart knowledge with head knowledge.

c. Give an example of how you are appropriating God's power in your life. (Ephesians 1:19)

Note: In all ages, Christians have found it possible to maintain the spirit of joy in the hour of trial. In circumstances that would have felled most men, they have so completely risen above them that they actually have used the circumstances to serve and glorify Christ.

*"I pray that you will begin to understand how incredibly great*

*His power is to help those who believe Him.*

*It is that same mighty power that raised Christ from the dead."*

*Ephesians 1:19,20 (TLB).*

**SECOND DAY:** Read Ephesians 2:1-10.

1. Select one of the comparisons between the natural man and the man of Christ and tell how God worked this change in your life.

2. According to Ephesians 2:6, what other blessing has God done for us? See also Ephesians 1:20.

a. How has this knowledge of your present position in Christ affected your daily walk?

3. Reflecting on Ephesians 2:10, give an example of a "good work" which is now in your life as a result of having become His workmanship.
  
4. What are five characteristics of the Gentiles in Ephesians 2:12?
  
5. Briefly summarize the way of reconciliation to God, using the following verses:  
  
Ephesians 2:13  
  
Ephesians 2:16  
  
Ephesians 2:18
  
6. Draw a picture of the principle taught in Ephesians 2:19-22. Use a separate sheet of paper.
  
7. What do these verses say about our foundation and the cornerstone?
  - a. I Corinthians 3:10,11
  
  - b. I Peter 2:6,7

Note: A cornerstone forms a part of a corner or angle in a wall and is the most basic element. The head cornerstone holds together at the top of the joint two walls which might otherwise fall apart. In ancient building practices "the chief cornerstone" was carefully placed. It was crucial because the entire building was lined up with it.

8. What truth do you think Paul was attempting to convey by using the example of Jesus as our Chief Cornerstone in Ephesians 2:20?

*"In Him - and in fellowship with one another - you yourselves also are being built up [into this structure] with the rest, to form a fixed abode (dwelling place) of God in (by, through) the Spirit."  
Ephesians 2:22 Amplified Bible*

9. Look up and ponder the following scriptures: John 14:17; I Corinthians 2:12 and 3:16; II Corinthians 6:16; and Galatians 4:6. How does the fact that God, by His Spirit, dwells in you individually, as well as in the believers corporately, influence your behavior?

**THIRD DAY:** Read Ephesians 3.

1. What is the mystery Paul speaks of in Ephesians 3:2-6?
  
2. Briefly summarize Paul's view of himself and God's calling on his life. Ephesians 3:7, 8.
  - a. What was Paul's character before God changed him? Philippians 3:5 and Galatians 1:13, 14.
  
3. Where is the family of God according to Ephesians 3:15?
  - a. What does it mean to you to be a part of God's family?
  
4. Briefly summarize Paul's petition for the Ephesian church in Ephesians 3:16-19.
  
5. Meditate on Ephesians 3:19. What do you think Paul meant when he said, "to know the love of Christ which passes knowledge?" (See Amplified below)

*[That you may really come] to know - practically, through experience for yourselves - the love of Christ, which far surpasses mere knowledge (without experience). . .  
Ephesians 3:19a AMP*

6. How have you experienced Christ's love this year?
  
7. What does Ephesians 3:20 - 21 teach you about God?

*Christ needs people today who are made of martyr stuff! Dare to take a strong, uncompromising stand for Him. "Out of His glorious, unlimited resources He will give you the mighty inner strengthening of His Holy Spirit."  
Ephesians 3:16 (TLB).*

**FOURTH DAY:** Read Ephesians 4.

1. List the four virtues Paul uses to describe a life worthy of a Christian. Ephesians 4:2.
  - a. Which of these do you see as your greatest strength in the Lord?
  
2. What are the seven aspects of the unity which already exists among believers? Ephesians 4:4-6.
  
3. In Ephesians 4:7-10 Paul explains how spiritual gifts bring unity to the body of Christ. What is the source of the gifts which individual believers possess? Ephesians 4:7 & 8.
  - a. What gifts are listed in Ephesians 4:11?
  
  - b. What is the purpose behind the diversity of gifts? Ephesians 4:12. I Corinthians 14:26.
  
4. What are three goals of ministry or service to the body of Christ? Ephesians 4:13.
  
5. How is spiritual immaturity related to disunity in the body of Christ? Give examples. Ephesians 4:14,15.
  - a. Read Ephesians 4:16. In what way are you "fitly joined together" and participating in the work of the body of Christ, to achieve spiritual maturity and "the edifying of itself in love"? Give examples.
  
6. How does Ephesians 4:22, 24 work, in practice?

- a. How are you applying these verses in your life? (As you share in your group - read together Galatians 6:2 for encouragement).

7. What do the following scriptures tell you about the new man in Christ?

Ephesians 4:23,24

II Corinthians 5:21

Colossians 1:21,22

8. Briefly list Paul's rules of "do's and don't's" from Ephesians 4:25-29.

- a. What are Paul's reasons for this list? Ephesians 4:25c,27.

- b. From Ephesians 4:29 give an example of how we can edify and minister grace to those who hear us speak.

9. What strong command does Paul give to Christians in Ephesians 4:30, and why? (See Lesson 7, Fifth Day, #2, if needed).

10. Give an example for each of the five "wrong" behaviors Paul lists in Ephesians 4:31.

11. Give an example for each of the three "right" attitudes and behavior that Paul lists in Ephesians 4:32.

- a. What model has been set for us? Ephesians 4:32b Colossians 3:13b.

**FIFTH DAY:** Read Ephesians 5.

1. In Ephesians 5, Paul teaches that as His children we should imitate our Heavenly Father.

Read Ephesians 5:1-21 and list the three "walks" of the Christian's life which Paul describes, and state, in your own words, what they teach about the Christian's lifestyle.

a.

b.

c.

2. What kinds of behavior does Paul warn us about in Ephesians 5:3, 4?

a. What kinds of thoughts or actions should we be on guard against?

b. What counsel does Paul give to believers who struggle with the sins of Ephesians 5:3 & 4? Ephesians 5:10,17.

3. How does Ephesians 5:15-17 give us personal direction for our lives? List practical suggestions for setting personal goals from these verses.

*We are entrusted with a small portion of the capital of time.  
If we invest it wisely, it will pay dividends throughout eternity.  
"Redeeming the time. . ." Ephesians 5:16.*

4. What does it mean to be filled with the Spirit? Ephesians 5:18, Luke 12:2 and John 14:15-17.

a. Record some outstanding characteristics of a spirit-filled Christian found in Colossians 1:9,10; 3:14,15; and Galatians 5:22, 23.

Read Ephesians 5:21-33.

5. What was the most significant truth the Lord showed you about the marriage relationship during this study? (Lesson 9 and lecture).

a. If you are married, how has it affected you and your marriage?

6. What is one of the most important attitudes of a wife toward her husband according to Ephesians 5:33? (Read in Amplified and Modern Versions).

a. Give a dictionary definition of this attitude.

b. How can this behavior benefit a marriage relationship whether or not the husband is a Christian?

**SIXTH DAY:** Read Ephesians 6.

Read Ephesians 6:1-9.

1. What one attitude is to characterize each relationship Paul describes in this passage? Ephesians 6:1,4, 5.

2. For the Christian, the role in which we find ourselves is unimportant. As members of one body, one family, living stones in that holy temple constructed by the Lord - my worth and value as a person rests on who I am in Christ. My roles of wife, mother, daughter, employer (master), employee (servant) in the world, is God's way of giving me different opportunities to serve others in love.

a. Considering the above paragraph, respond to the three following questions. Give an example for each, from the present roles in which God has called you to serve.

(1.)How does each "superior" relationship provide an opportunity to serve?

(2.)How does each "subordinate" relationship provide this opportunity?



(3.)How might each person's attitude (think of your own) toward authority affect the relationship between them?

Read Ephesians 6:10-24.

3. When we are facing evil powers, what must take the place of natural wisdom and courage? Ephesians 6:10; Philippians 4:13.

4. Why is a Christian urged to put on God's armor? Ephesians 6:11.

a. What promise is implied in Ephesians 6:13b to the one who dons God's armor?

b. Describe our one offensive piece of armor? Ephesians 17b; Hebrews 4:12.

5. Prayer is an important offensive weapon in the life of the Christian. List some prayer requests God has answered in your life since beginning this study. Be prepared to share with your group.

6. In relation to using God's spiritual armor and prayer effectively in our lives, consider the following:

a. What was one of your greatest victories as you studied this epistle?

(1.)Can you relate how the principles of God's weapons for spiritual warfare were applied to achieve the victory?

b. What do you consider as your greatest struggle during this study?

(1.)How might you apply the teaching about God's spiritual armor and prayer to this situation?

7. As we close our study in the Book of Ephesians, read Ephesians 1:12 which states, "that we who first trusted in Christ should be to the praise of His glory." In the following areas of relationships, and conduct, write down one specific thing you will now do because of what the Lord has taught you through this epistle, that will enable you "who first trusted in Christ to be to the praise of His glory."

A. *Relationships:*

HUSBAND/WIFE

PARENT/CHILD

MASTER/SERVANT  
EMPLOYER/EMPLOYEE

B. *Conduct*

WALK IN LOVE

WALK IN THE LIGHT

WALK CIRCUMSPECTLY

PRAYER

C. *Now. . .*

take time to praise God - spend a time of worship with Him - offer up those areas you want Him to continue to strengthen in your life, and thank Him for the revelations and changes He has already begun as a result of your time with Him in this study of Ephesians. . . all - for "the praise of His glory."

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*Jesus, I say I love you and yet so often it is a  
selfish, "taking" love. Let me love  
You in such a way that your desires will  
be mine.*

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*"Grace (God's undeserved favor) be  
with all who love our Lord  
Jesus Christ with undying and  
incorruptible [love].  
Amen - so let it be."  
Ephesians 6:24 Amplified Bible*